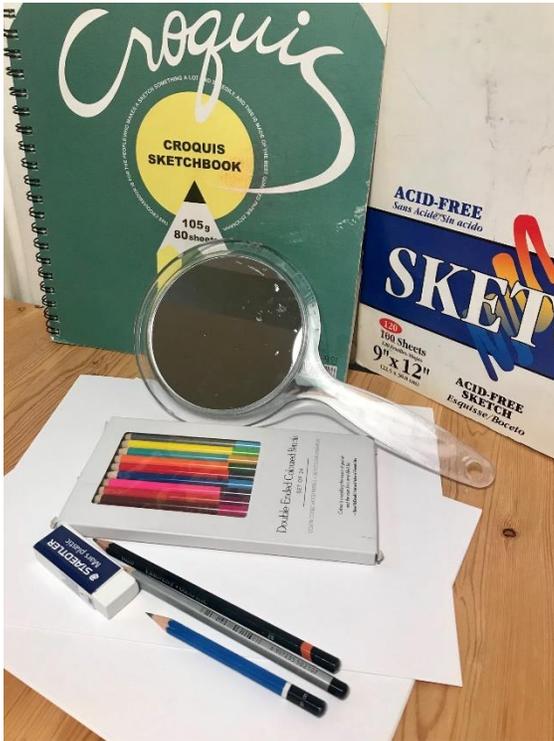


LOOKING AT MYSELF

STEP 1: COLLECT AND ORGANIZE ALL OF YOUR MATERIALS



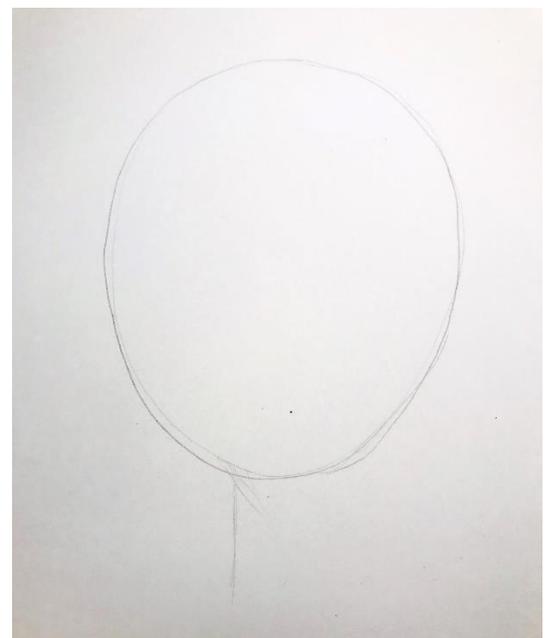
Gather the following materials:

- Heavy paper or illustration board
- Pencil
- Eraser
- Mirror
- Colouring pencils

STEP 2: DRAW YOUR FACE

Place a handheld mirror in front of you while making sure that you can see your entire face and shoulders in the reflection. Take a sheet of heavy paper or illustration board and use a pencil to sketch out your self-portrait by drawing an oval, which will become the base of your face.

TIP: Your portrait can be realistic or a caricature, it's up to you!



STEP 3: DRAW YOUR EYES

Draw a vertical and a horizontal line that intersect in the center of the oval. These lines will help guide you as you are sketching your face. On the horizontal line, draw eyes following your natural eye shape. Add circular irises and pupils inside them. Draw some eyebrows by using your pencil to lightly shade above your eye.

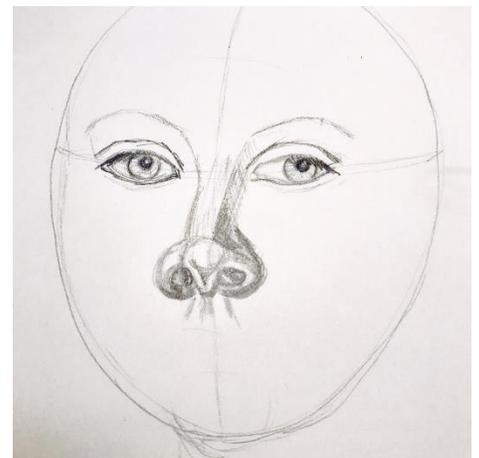
TIP: Remember that eyes are unique to everyone. Try to draw your eye shape as you see it.



STEP 4: DRAW YOUR NOSE

On the vertical line inside the oval, between the eyes and the chin, sketch out the shape of your nose.

TIP: If you are struggling to draw the bridge of your nose, skip the bridge and sketch only the tip. Focus on the nostrils and shape of the bottom of your nose.



STEP 5: DRAW YOUR MOUTH



Look in the mirror and use your fingers to measure the distance between the bottom of your nose and your chin. Place your fingers on the paper to determine how far away your mouth should be from your nose. Remember to draw both your top and bottom lips!



STEP 6: DRAW YOUR EARS AND HAIR

Draw your ears on the same line as your eyes on either side of your face.

Now it's time to add hair! You may choose to draw an accurate depiction of your hair, or imagine a hairstyle and draw that in.



STEP 7: COLOUR YOUR SELF PORTRAIT

Using colouring pencils apply light pressure and colour in your face and facial features. Be sure not to press down too hard. Change to bolder and heavier pressure when colouring your hair. Carefully outline any features that got lost in the colouring process.

CHALLENGE YOURSELF:

Try drawing your portrait with a funny expression or from a profile view. See if you can capture your characteristics in your drawing!



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